

Heritage News March 2024



March 15 - 17 St. Patrick's Day

We will be having a St. Patty's Day celebration on **Friday**, **March 15** with entertainment by Karen's Karaoke.

On **Sunday, February 17** we will be playing a "**Leprechauns on the Loose**" game. Everyone will be given a game sheet and the resident to find the most Leprechauns hiding around the lodge will be the winner. Prizes will be awarded at lunchtime on Monday, March 18! Happy Hunting!!

March 27- 31 Easter

Wednesday, March 27 at 10:00 am we will be making String Easter Eggs.

Thursday, March 28 at 9:00 am we will be making Silk Dyed Easter Eggs.

Sunday, March 31 we will have an "Easter Egg Mystery Word Hunt". Everyone will be given a game sheet. There will be paper Easter Eggs placed around the lodge with one word written on the back. The Resident that can complete the Easter riddle, by finding all the eggs, will be the winner. Prizes will be awarded on Monday April 1.



March is fraud prevention month.

This is a reminder that this time of year we all start to file taxes. This is usually when fraudsters start calling. Please do not give out any personal information over the phone. If in doubt, put the phone down and call the Police complaints: 403-328-4444

On March 31st we will have our Easter Dinner at 12.00 p.m. If you would like to invite family, please see Pauline or Amanda. The cost for guests will be \$13.00

Pauline McCran

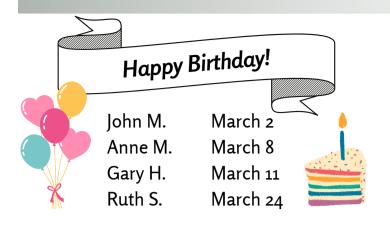
Welcome New Residents!

Benton R Nieves D Michael H Sonny H

Residency and Service Agreement - Alterations

Prior to making any modifications to the suite such as the addition of shelves, the resident must have the prior approval of the Manager and must follow the Foundation's policy regarding guidelines for installation. Installation must be completed by appropriate, qualified personnel as approved by Management.

No additional electrical writing, light fixtures, ceiling fans, air conditioning units, or heating units shall be permitted anywhere in the suite without the prior written consent of the Foundation. Changes may apply if the approved installation requires the assistance of Foundation maintenance personnel.



Birthday cake will be served on Friday, March 15 at suppertime. Happy Birthday to all the March birthdays!

90's Club

Ruth S. is 103 years old this month. Please wish her a special Happy Birthday when you see her. What an inspiration!

Thank you for voting Green Acres Foundation **Best of the Best** in Seniors Housing for the **sixth** year in a row!



Reminders

Beltone Hearing will be here on Thursday, March 7 at 10:00 a.m. Remember to put your name on the sign up sheet if you need your hearing aids cleaned or a hearing test done!

Leister's Walker Clinic will be here on Tuesday, March 12 at 10:00 a.m., on the second level. Bring your walker out if you would like it check for any minor repairs.

Walk the Mall will be on March 4 and 14 at 9:30 a.m. "Remember" this is a free outing and a great way for you to get out and get some exercise through the winter season!



GAF Logo Apparel

If you would like to order GAF logo shirts or hoodies, talk to your manager for pricing, sizes, and available colours

Emergency Preparedness - Fraud Prevention

March is Fraud Prevention month. Take precautions to protect yourself. Unless you have initiated contact to a business, never give out your credit card number over the phone. Don't give your pin numbers or passwords to anyone.

Some of the common scams being used are:

- A caller advises you that you have won a lottery or sweepstakes but you need to pay for the handling fees and you can do so by providing your credit card number.
- A caller says they are your grandson or granddaughter and have been in an accident and need money.
- Revenue Canada threatens to call the police if you don't give them your credit card number to pay the amount you owe.

Scammers are smooth and cunning. They ask you leading questions to get information from you, then use that information to get even more personal information. If you recieve a call that you are uncomfortable with, hang up and let your family, lodge Manager, or police know.





