



Special Events

February 12

Sweetheart Social with Garden View Lodge

February 13

Shrove Tuesday: Pancake Party at 10:00 a.m. and a Mardi Grad party with our Picture Butte Highschool Students at 2:00 p.m.

February 14

Join Kendra for our Valentine's Day Social to celebrate the day of love!

February 22

Today is National Margarita Day! You guessed it.... come on down for happy hour and enjoy a Margarita!

February 26

Today is National Cupcake Day! Join Kendra to celebrate by decorating your own cupcake to enjoy.

Happy Valentine's Day, February is known as the month of Love!

Kendra has a number of activities planned for this month, so be sure to come out and enjoy.

The countdown to Spring is on! The days are getting longer and the weather, hopefully, getting better.

Hopefully Mr. Groundhog has good news for us!!

Roberta Gerstenbuhler

Valentines Day Candy Grams

From February 1 - 14, you can purchase a Valentine's Day Candy Gram for \$3.00 to gift to anyone special in your life. All candy grams will be delivered on February 14. To gift to a secret admirer, grandchildren, a staff member etc. All the money from the candy gram sales will be put into the residents fund account. Please see Kendra to purchase a candy gram!



Residency and Service Agreement

To be eligible for residency, the Resident must be at least 65 years of age, a Canadian Citizen or have Landed Immigration Status, have the mental and physical capabilities to perform daily living skills independently mobile with or without the aid of a cane, walker, or wheelchair. The Resident must have continence of bowels and bladder or self-managed incontinence. The Foundation reserves the right to waive the age requirement in special circumstances

Happy Birthday!



James F. February 1
Lynne A. February 10
Eleanor K. February 22



Our birthday party will be on February 23 at 2:30 p.m. with Tom Price entertaining. Cake and coffee will be served.



Random Acts of Kindness Day

On February 17 do something kind for someone and make their day!



Lunar New Year

2024 - Year of the Dragon

In Chinese culture, the Dragon holds a significant place as an auspicious and extraordinary creature, unparalleled in talent and excellence. It symbolizes power, nobility, honour, luck, and success.

February Bus Trips

All bus trips are \$3.00, payable to Kendra February 16 - Walmart & Lunch at McDonalds.

Leap Year

This year, 2024, is a Leap Year! Without Leap Day, our calendar would be off by about 24 days every century, or every 100 years! The first Leap Year was introduced in 46 BCE by Julius Caesar of Rome. People born on a Leap Day are sometimes called leaplings. More than 4 million people around the world are leaplings. Hop on down and join Kendra on February 29 for Frogs Bingo at 10:00 a.m. and a Frog Party in the afternoon!



February 22 is **Pink Shirt Day!** Wear pink to raise awareness and funds for anti-bullying. Join Kendra at 2:00 p.m. for a Pink Tea



GAF Logo Apparel

If you would like to order GAF logo shirts or hoodies, talk to your manager for pricing, sizes, and available colours

Emergency Preparedness - *Defend in Place*

When you hear the fire alarm and cannot exit, you must protect yourself from smoke. Stay within your suite, or move to a safe area within the building. Call 911 to report your location.

Stay in place until you are rescued or until you are told to leave by the fire department.



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