



May 2024 - Alberta Rose Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“The first blooms of spring always make my heart sing” - S. Brown</p>			<p>1 9:30 Stitch & Chat 11:00 Balloon Exercises 2:00 2-Bit Horse Races</p>	<p>2 9:30 Tile Rummy 11:00 Sit & Be Fit 1:45 Bingo Lover’s Double Bingo</p>	<p>3 9:30 Tuck Shop 11:00 Spring Walk 2:00 Music by Darlene & Laree 3:30 Popcorn</p>	<p>4 </p>
<p>5 3:30 Crib with Josiah & Tile Rummy with Annie</p>	<p>6 9:30 Table-Top Horse Races 11:00 Song/Video Contest Practice 1:00 North Walmart</p>	<p>7 11:30 Toonie Tuesday 1:30 Get Crafty - Crazy Hats 6:00 Movie Night</p>	<p>8 9:30 Stitch & Chat 11:00 Range of Motion 2:00 Bean Bags 3:00 Song/Video Contest Practice</p>	<p>9 9:30 Cribbage 11:00 Exercises 2:00 Song/Video Contest Filming</p>	<p>10 9:30 Tuck Shop 10:00 Covid Immunizations 1:45 Crazy Hat Bingo 3:30 Popcorn</p>	<p>11 Emergency Preparedness Week May 5 - 11</p>
<p>Mother’s Day 12 </p>	<p>13 9:30 Pool 11:00 Seated Resistance Band Routine 2:00 Mother’s Day Party with Music by Tom Price</p>	<p>14 9:30 Green Haven Garden Centre 11:30 Lunch at 5 Guys Burgers 2:00 Patio Time & Bike Rides</p>	<p>15 9:30 Stitch & Chat 11:00 Stretch & Breathe 2:00 Get Crafty - Mosaic Flower Pots</p>	<p>16 9:30 Bike Rides 11:00 Sit & Be Fit 1:30 Bike Rides</p>	<p>17 9:30 Tuck Shop 11:00 Spring Walk 1:45 Bingo 3:30 Popcorn</p>	<p>18 </p>
<p>19 3:30 Crib with Josiah & Tile Rummy with Annie</p>	<p>Victoria Day 20</p>	<p>21 11:30 Toonie Tuesday 2:00 Birthday Party/ Music by The Good Timers 6:00 Movie Night</p>	<p>22 Variety Bus Day 9:15 a.m. to 3:15 p.m.</p>	<p>23 10:00 Where in the World Armchair Travel 2:00 Chase the Ace</p>	<p>24 9:30 Tuck Shop 11:00 Wii Bowling 1:45 Bingo 3:30 Popcorn</p>	<p>25 10:00 Card Bingo 11:45 Horse Races at the Exhibition/Bullys</p>
<p>26 3:30 Crib with Josiah & Tile Rummy with Annie</p>	<p>27 10:00 Yahtzee with Bob 2:00 Uno</p>	<p>28 9:30 Piyami Lodge Welcome 10:00 Nord-Bridge Music Makers 2:00 Manicures & Hand Waxing</p>	<p>29 9:30 Stitch & Chat 11:00 Chair Cardio 2:00 Black Jack</p>	<p>30 9:30 Tuck Shop 11:00 Patio Social 2:00 Spring Walk at Henderson</p>	<p>31 10:00 Cribbage 1:45 Bingo with Pam</p>	<p></p>