

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2024 Black Rock Terrace

Staff Appreciation Day 1
 9:30 Chair Aerobics
 10:00 Shuffleboard
2:00 Birthday Pub with the Goodtimers
 3:00 Happy Hour 50/50



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10:30 Catholic Communion Services

10:00 Meet the Chef
 2:00 Bean Bag Toss
 6:30 Rummy

9:30 Strength Class
 10:00 Tuck Shop
10:00 Nails with Katie
 2:30 Ice Cream Parlor
 6:30 Tile Rummy

9:30 Chair Yoga
10:00 Beginner Canasta
 2:00 Beginner Crib
 2:00 Card Bingo
6:30 Anastasia - Raymond Broadway Theatre
 6:30 Cribbage

7:00 Omelet Bar Breakfast
 2:00 Billiards
 2:00 Canasta
 3:00 Poker

9:30 Chair Aerobics
10:00 Trip to Park Place Mall
 3:00 Happy Hour!



Spring ahead one hour before bed

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Daylight Saving Time

10:30 Catholic Communion Services

10:00 Pet Visits at Pemmican
10:00 Trip to Value Village
10:00 Kitchen Tour
 2:00 Curling
 6:30 Rummy

9:30 Strength Class
10:00 Massage Students
 10:00 Tuck Shop
 2:30 Ice Cream Parlor
 6:30 Tile Rummy

9:30 Chair Yoga
10:00 Beginner Canasta
 2:00 Beginner Crib
 2:00 Card Bingo
 6:30 Cribbage

National Pi Day

9:30 Balance class
 2:00 Billiards
2:00 Pie Eating Contest!

9:30 Chair Aerobics
 10:00 Shuffleboard
2:00 Putting in the Coffee Lounge
 3:00 Happy Hour!



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St. Patrick's Day
 10:30 Catholic Communion Services

10:00 Trip to South Wal-Mart
2:00 Generational Jeopardy at Pemmican Lodge
 6:30 Rummy

Toonie Tuesday!
 9:30 Strength Class
 10:00 Tuck Shop
 2:30 Ice Cream Parlor
4:00 Dinner in Paris
 6:30 Tile Rummy

9:30 Chair yoga
10:00 Beginner Canasta
 2:00 Beginner Crib
 2:00 Card Bingo
 6:30 Cribbage

9:30 Balance class
10:30 Pizza Party Bistro
1:30 Trip to Helen Shuler Centre
 2:00 Canasta
 3:00 Bingo

9:30 Chair Aerobics
 10:00 Shuffleboard
2:00 Horse Races
 3:00 Happy Hour!



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10:30 Catholic Communion Services

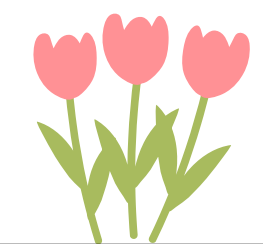
10:30 Coffee Break
 2:00 Bean Bag Toss
3:00 Beginner Poker
 6:30 Rummy

9:30 Strength Class
 10:00 Tuck Shop
10:00 Pedicures with Katie
 2:30 Ice Cream Parlor
3:30 Beer & Appetizers
 6:30 Tile Rummy

9:30 Chair Yoga
10:00 Beginner Canasta
 2:00 Beginner Crib
 2:00 Card Bingo
 6:30 Cribbage

9:00 Kindergarten Visits
 9:30 Balance Class
11:15 Easter Buffet
1:00 Minute to Win It at Blue Sky
 2:00 Billiards
 2:00 Canasta
 3:00 Poker

Good Friday



Easter

10:30 Catholic Communion Services

"Spring is nature's way of saying, 'Let's Party!'"
 —Robin Williams

