

May 2024 - Pemmican Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“The first blooms of spring always make my heart sing” - S. Brown</p>			<p>1</p> <p>9:00 Exercise 2:00 Arm Chair Travel: ART of the Middle Ages 7:00 Bethesda Mennonite Singers</p>	<p>2</p> <p>9:00 Yoga 2:00 Big Brims and Fancy Trims</p>	<p>3</p> <p>9:00 Full Seated Workout 10:30 Resident Run Writing Club 2:00 Kentucky Derby Horse Races 7:00 Movie & Snacks</p>	<p>4</p> <p>2:00 Mother’s Day Program with the El Salvador Kids</p>
<p>Emergency Preparedness Week May 5 - 11</p> <p>2:00 Movie & Snacks</p>	<p>5</p> <p>9:00 Exercise 2:00 Kitchen Tour</p>	<p>6</p> <p>9:00 Tai Chi 2:00 Resident Run Rummoli</p>	<p>7</p> <p>9:30 Shopping at Walmart (north) 2:00 Bingo 6:30 Crib</p>	<p>8</p> <p>9:00 Yoga 2:00 Mother’s Day Garden Party with Randy Epp</p>	<p>9</p> <p>9:00 Full Seated Workout 11:30 50/50 Draw 2:00 Flower Arranging 7:00 Movie & Snacks</p>	<p>10</p> <p>1:30 Cards & Games</p>
<p>Mother’s Day</p> <p>2:00 Sing Along with Anne</p> 	<p>11</p> <p>9:00 Fun & Fit 10:00 Pet Visit 2:00 Wine & Paint “Busy Bee” Painting</p>	<p>12</p> <p>8:30 Shopping and Lunch at Cross Iron Mills Mall in Calgary with BRT 9:00 Tai Chi</p>	<p>13</p> <p>9:00 Exercise 10:00 United Church 2:00 Card Bingo 6:30 Crib</p>	<p>14</p> <p>7:30 Pancake Breakfast 1:30 Boots & Hearts Line Dancers</p>	<p>15</p> <p>9:00 Full Seated Workout 2:00 Bears Craft 6:30 Travelling WillDory’s</p>	<p>16</p> <p>1:30 Cards & Games</p> 
<p>17</p> <p>2:00 Movie & Snacks 6:30 Salvation Army</p>	<p>18</p> <p>Victoria Day 2:00 Movie & Snacks</p>	<p>19</p> <p>9:00 Tai Chi 10:00 Music Makers 1:30 Shopping at No Frills (west)</p>	<p>20</p> <p>9:00 Exercise 9:00 If the Shoe Fits (9:00 a.m. - 12:00 p.m.) 2:00 Good Neighbor Bingo 6:30 Crib</p>	<p>21</p> <p>9:00 Yoga 2:00 Birthday Party with Tom Price</p>	<p>22</p> <p>9:00 Full Seated Workout 10:30 Shopping at Suzanne & Jenny’s & Lunch at the Jasmine Tea Room 7:00 Movie & Snacks</p>	<p>23</p> <p>10:00 Spring Bazaar (10:00am - 1:00pm)</p>
<p>24</p> <p>2:00 Movie & Snacks</p>	<p>25</p> <p>9:00 Fun & Fit 10:30 Bears Crafts 2:00 Marvelous May Jeopardy</p>	<p>26</p> <p>8:30 Foot Doctor 2:00 Learn to Draw a Spring Tree House</p>	<p>27</p> <p>9:00 Exercise 10:00 Hill Top Green House And Lunch & Shopping in Fort Macleod 6:30 Crib</p>	<p>28</p> <p>9:00 Yoga 2:00 Card Bingo</p>	<p>29</p> <p>9:00 Full Seated Workout 2:00 Planting Lodge Garden & Flowers 7:00 Movie & Snacks</p>	