

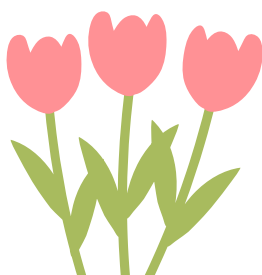




**March 2024**

**Sunny South Lodge**


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>Staff Appreciation Day 1</b> 10:00 Men's Group 2:00 Bingo	2
3 2:30 Coaldale Mennonite Church Service 6:30 Mennonite Brethren Church Service	4 <b>Foot &amp; Ankle Clinic</b> 10:00 Sit and Be Fit 2:00 Short Stories 6:00 MB Church Service (Virtual) 6:30 Crib in the Al Cove	5 9:30 Between Friends 10:45 Reading Buddies 2:00 Ma and Pops Coffee Shop	6 10:00 Sing Along in the Cottage 11:15 Lunch Outing: Legends 3:00 Journaling 7:00 Mennonite Bethesda Hymn Sing	7 9:30 Bible Study 10:00 Sit and Be Fit 2:00 Resident Council Meeting 3:30 Tuck Shop (3:30-4:00 p.m.)	8 10:00 Women's Group 2:00 Bingo 2:30 Catholic Mass in West Kitchenette	9 10:00 Sit and Be Fit 2:00 Armchair Travels (Jamaica)  <i>Spring ahead one hour before bed</i>
<b>Daylight Saving Time</b> 2:30 Coaldale Mennonite Church Service 	11 10:00 Sit and Be Fit 2:00 Learn to paint: Cherry Blossom Tree MB Church Service 6:00 (Virtual)	12 9:30 Between Friends 10:45 Reading Buddies 2:00 Jeopardy	13 10:00 Balloon Volleyball in the Cottage 2:00 Ring Toss	14 9:30 Bible Study 10:00 Sit and Be Fit 2:00 The Good Timers Entertainment and St. Patrick's Day Celebration	15 10:00 Men's Group 2:00 Bingo	16 
<b>St. Patrick's Day</b> 2:30 Coaldale Mennonite Church Service 6:30 Canadian Refromed Church Service	18 10:00 Sit and Be Fit 2:00 Salvation Army Church Service 6:00 MB Church Service (Virtual)	<b>First Day of Spring</b> 9:30 Between Friends 10:45 Reading Buddies 2:00 Create a Vision Board	20 10:00 Hymns in the Cottage 2:00 Eggs in a Basket	21 9:30 Bible Study 10:00 Sit and Be Fit 2:00 Thirsty Thursday: Hot Chocolate	22 10:00 Men's Group 2:00 Bingo	23 
24 2:30 Coaldale Mennonite Church Service	25 10:00 Sit and Be Fit 2:00 Painting Easter Eggs 6:00 MB Church Service (Virtual)	26 9:30 Between Friends 10:45 Reading Buddies 2:00 Rummykub 2:30 Catholic Rosary in West Kitchenette	27 10:00 Six Senses in the Cottage 2:00 Baby Chick Visits	28 9:30 Bible Study 10:00 Sit and Be Fit 12:00 Birthday Lunch 2:00 Reg Elliot Entertainment	<b>Good Friday</b> No Recreation	30 <b>March is Fraud Prevention Month!</b>
<b>Easter</b> 2:30 Coaldale Mennonite Church Service	 <b>"Spring is nature's way of saying, 'Let's Party!'"</b> —Robin Williams					