

Alberta Rose News March 2024















Special Events

March 1

We are going to Nord-Bridge for Bingo. Basic play cards are \$5.00; play the extra games if you wish. Sign up at the activity desk.

March 14

It's Pi Day! Join us at 2:00 p.m. for lots of fun at our pie-throwing contest. Who will wear the most whipped cream?

March 19

Easter is coming up and we'll be decorating eggs again. Come and help out at 1:30 p.m. Warning - you may get your hands dirty!

March 20

Let's celebrate spring by sipping on some spring green smoothies at 2:00 p.m.

March 25

We'll be doing some reminiscing at 2:00 p.m. during our pie and coffee social.

March 28

We have been invited to Blue Sky Lodge for some hysterical fun playing Minute to Win It. Bus leaves at 1:00 p.m.



Yay, March is here. This means that Winter will soon be over.

I'm calling for sunny days and warm evenings. Now whether we actually get that in Southern Alberta is anyone's guess

There is lots of stuff happening this month, including St. Patrick's Day, Easter, and Daylight Saving Time (1 hour less sleep <

Lets all have an amazing month.

Clinton Kienzle



Daylight Saving Time March 10

On March 9, spring ahead one hour before bed.

Residency and Service Agreement - Alterations

Prior to making any modifications to the suite such as the addition of shelves, the resident must have the prior approval of the Manager and must follow the Foundation's policy regarding guidelines for installation. Installation must be completed by appropriate, qualified personell as approved by Management.

No additional electrical writing, light fixtures, cieling fans, air conditioning units, or heating units shall be permitted anywhere in the suite without the prior written consent of the Foundation. Changes may apply if the approved installation requires the assistance of Foundation maintenance personnel.



Our birthday party will be on March 13 at 2:00 p.m. with Tom Price Entertaining.

What did the dirt say to the rain? If you keep this up, my name will be mud!

My husband and I had a disagreement about whose turn it was to do the laundry. In the end, he threw in the towel.

Thank you for voting Green Acres Foundation **Best of the Best** in Seniors Housing for the **sixth** year in a row!



Notables

St. Patrick's Day is coming up. Come out to our LUCKY Cash & Prizes Double Bingo on March 15. Also, we'll be heading to Nord-Bridge on March 18 for their St. Patty's outreach program. Be sure to wear green to these events.

Irish Proverb: A good laugh and a long sleep are the 2 best cures for anything.

KPMG will be here to do your taxes on Monday, March 18 from 6:00 to 9:00 p.m. Check to see if you meet the eligibility criteria and sign up at the activity desk.



GAF Logo Apparel

If you would like to order GAF logo shirts or hoodies, talk to your manager for pricing, sizes, and available colours

Emergency Preparedness - Fraud Prevention

March is Fraud Prevention month. Take precautions to protect yourself. Unless you have initiated contact to a business, never give out your credit card number over the phone. Don't give your pin numbers or passwords to anyone.

Some of the common scams being used are:

- A caller advises you that you have won a lottery or sweepstakes but you need to pay for the handling fees and you can do so by providing your credit card number.
- A caller says they are your grandson or granddaughter and have been in an accident and need money.
- Revenue Canada threatens to call the police if you don't give them your credit card number to pay the amount you owe.

Scammers are smooth and cunning. They ask you leading questions to get information from you, then use that information to get even more personal information. If you recieve a call that you are uncomfortable with, hang up and let your family, lodge Manager, or police know.





