



### Message from Your Manager

### Special Events

- January 1** New Year's Day Brunch "a la Carte" menu service 8:00 am to 12:30 pm
- January 3** Wii Bowling in the Coffee Lounge at 10:00 am
- January 3** Wine and Cheese Tasting at 3:00 pm
- January 8** Trip to North Walmart 1:30 pm
- January 11** Seranaughta Choir at 6:30 pm
- January 16** Tuck Shop Meeting at 1:30 pm
- January 18** Bistro Lunch
- January 19** Line Dancing at 9:30 am
- January 22** Trip to South Walmart 10:00 am
- January 25** Robbie Burns Day!
- January 26** Missions Thrift Store 10:00 am

**Vote Green Acres Best of the Best**  
in the Seniors Living Complex category  
[MyBestOfTheBest.ca](http://MyBestOfTheBest.ca)



Happy New Year!

Thank you everyone for the warm holiday wishes and the bounty of chocolates for the staff over the Christmas season.

We had a lot of fun in 2023, what stood out the most for you?

It looks like 2024 is already off to a great start with our upcoming events. I'd like to encourage everyone to join in the activities, talk to a neighbor or new residents, and make the most of every day!

On behalf of Roger and all the Black Rock staff, all the best to you and your families in this new year. Cheers!

*Tonya Patrick*

Assistant Manager



*Happy New Year*

### Residency and Service Agreement - Lines of Communication

The Resident and/or their Responsible Party or Legal Guardian should contact the Manager for clarification and resolution regarding any issue or concern. For issues or concerns regarding the provision of Home Care services, the resident should contact AHS. Refer to the Resident and Family Handbook for additional information

## Happy Birthday!



Jean K	January 1
Wayne B	January 5
Roy B	January 14
Marie C	January 17
Ev A	January 29



Our birthday party will be on **January 12** at **2:00 pm** with **The Goodtimers Entertaining.**

### Feed the Bus

Green Acres Foundation's Lethbridge lodges and apartments donated 1329 lbs of food (equivalent to \$4678.08) plus \$1195.25 in cash donations for the Lethbridge Food Bank. Thank you for your donations!

### Alzheimer's Awareness Month

Alzheimer's disease is the most common type of dementia. Learn more about Alzheimer's disease online at: [alzheimer.ca](http://alzheimer.ca)

### Accommodation Standards and Licensing

Each year, the Foundation must reapply to the Government of Alberta to maintain our license to operate under the Accommodation Standards and Licensing. The focus of these Standards is the safety and security of our residents. During the month of January, the auditor will inspect each lodge to ensure we are meeting the 32 Standards which include hottest flowing water temperature logs, cleaning schedules, emergency processes, menus, medication assistance, and the overall condition of the lodge. Staff and Residents are spoken to as the auditor tours the lodge.

The Foundation has policies and procedures in place to achieve compliance. Please speak to your Manager if you have questions or want to learn more about the Licensing Standards.

### Emergency Preparedness - *Building Evacuation*

In the event of the building must be evacuated, staff are trained in emergency response. Stay calm and make your way to the nearest emergency exit. Follow directions provided by staff. Ensure you know where the muster point is located and wait there for further direction. Once the building has been declared safe, you will be allowed to re-enter the building.

## Chef's Corner



Happy New Year!

I hope that everyone had a great Christmas and enjoyed all the food and goodies from last month.

January is typically a quieter month for food activities as we recover from the Christmas season. It also might help with those New Year's resolutions to cut back on the sweets.

New Year's Day we will be having an a la carte menu brunch from 8:00 am to 12:30 pm in the dining room. It will be come and go seating for breakfast and lunch meal service.

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"If everyone is wearing a name tag, than there's no strangers in the room"

See Amanda if you'd like to purchase a name tag for \$10.

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### GAF Logo Apparel

If you would like to order GAF logo shirts or hoodies, talk to your manager for pricing, sizes, and available colours



@GreenAcresLethbridge



[www.GreenAcres.ab.ca](http://www.GreenAcres.ab.ca)