



Special Events

- February 5** Bus trip to London Drugs
- February 6** Foot Care
(don't forget - new price is \$20.00)
- February 8** Chinese New Year Buffet
- February 9** Mini golfing at the Movie Mill!
- February 12** Trip to Walmart North
- February 13** Wine & Cheese at 3:00 p.m.
- February 13** Shrove Tuesday Pancake Supper
- February 14** Come down and enjoy our
Valentine's Day Party at 2:00 p.m.
in the coffee lounge!
- February 21** Lunch out bus trip to Boston Pizza
- February 21** Beer & Appetizers at 3:30 p.m.
- February 23** The Coulee Players will be here
at 2:00 p.m.
- February 28** Wear your pink shirt today to
show your support for anti-
bullying!
- February 29** Hoppy Leap Day Lunch

Residency and Service Agreement

To be eligible for residency, the Resident must be at least 65 years of age, a Canadian Citizen or have Landed Immigration Status, have the mental and physical capabilities to perform daily living skills independently mobile with or without the aid of a cane, walker, or wheelchair. The Resident must have continence of bowels and bladder or self-managed incontinence. The Foundation reserves the right to waive the age requirement in special circumstances



Message from Your Manager

We have an extra day this month! No Leap Year babies here though. Come help us celebrate the day with a special lunch of leaping proteins.

With the beginning of the new tax season, keep on the lookout for your T4s and other pertinent tax slips in the mail. We don't have a date set for our annual income tax clinic but this is generally near the end of March or early April.

As a reminder, all residents are required to provide their annual Notice of Assessments to us before June 1, as stated in your Residency & Service Agreement.

We wish everyone a happy Valentine's Day.
All the best and stay warm everyone!



Roger

Welcome New Resident!

Louise F.

Happy Birthday!



Loura L February 3
Carole W February 7
Les S February 11
Joan M February 15
Marie W February 28



Our birthday party will be on February 2 at 2:00 p.m. with Tom Price Entertaining.



Leap Year Lunch

Please join us for our Leap year lunch! We will have **ONE SEATING** Starting at noon. There will be seats available in the dining room and coffee lounge! It should be a Leaping good time!



Foot Care Price Increase

The podiatrist has raised his pricing for the scheduled foot care clinics. It is now \$20 paid to them at the appointment.

Chef's Corner

We will be having a Chinese New Year buffet on February 8. It will be normal dining hours with 2 seatings for lunch.

February 13 is Shrove Tuesday, and we will be having our wine & cheese event before supper. We will have several varieties of wine and cheese to sample. Please sign up if you are wanting to attend. There is no cost for this event.

Don't forget to order your Valentine Candy Gram from Amanda. They are \$5.00 each and **orders are due by the 9th at 4:00 pm!**

February 28 is **Pink Shirt Day!** Wear pink to raise awareness and funds for anti-bullying.



Random Acts of Kindness Day

On February 17 do something kind for someone and make their day!

GAF Logo Apparel

If you would like to order GAF logo shirts or hoodies, talk to your manager for pricing, sizes, and available colours.

Emergency Preparedness - *Defend in Place*

When you hear the fire alarm and cannot exit, you must protect yourself from smoke. Stay within your suite, or move to a safe area within the building. Call 911 to report your location.

Stay in place until you are rescued or until you are told to leave by the fire department.



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