



### Special Events

**February 1**

#### **Cold Case Murder Mystery**

The evidence is in! Come find the killer, at 2:00pm on the 2nd floor.

**February 10**

#### **Lunar New Year Lunch**

Everyone is welcome to join us for a Chinese Food lunch to ring in the Year of the Dragon!

**February 12**

#### **Valentine Sweets Social with Piyami**

Everyone is invited to come exchange sweet-treats with the residents from Piyami Lodge, on the 2nd floor at 2:00pm!

**February 14**

#### **Sweetheart Horse Races**

Sweetheart or not, you won't want to miss these races! Starts at 2:00pm on the 2nd floor.

**February 22**

#### **Wine & Paint Night**

Name a better combination! Come paint a wooden sign for your door, starts at 6:30pm on the 2nd floor.



### Message from Your Manager

Happy February!

I look forward to Groundhog Day with anticipation, although I fear he may have froze to death. As I write today it is -38 degrees, brrrrr! A quick reminder to keep those windows shut tight, extreme cold can freeze pipes even if your window is only open a tiny bit. My advice remains the same, when it's cold stay home. It isn't worth the risk.

As always stay happy, healthy, and warm.

Regards,

*Adrian*



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### Welcome New Residents!

Rodney M.

Violet & Richard B.

Brian P.

Marna B.

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### Residency and Service Agreement

To be eligible for residency, the Resident must be at least 65 years of age, a Canadian Citizen or have Landed Immigration Status, have the mental and physical capabilities to perform daily living skills independently mobile with or without the aid of a cane, walker, or wheelchair. The Resident must have continence of bowels and bladder or self-managed incontinence. The Foundation reserves the right to waive the age requirement in special circumstances

## Happy Birthday!

Joan A. February 1  
Bill W. February 12  
Irene S. February 12  
Lorraine O. February 16  
Nancy S. February 18  
Fran C. February 20  
Clay O. February 22  
Anna T. February 25  
Meta G February 28



Our birthday party will be on February 15th at 1:30 p.m. with Tom Price entertaining!



### Super Bowl Sunday

Don't miss the action! Kick off is at 4:30pm, some snacks and beverages will be provided.



### Random Acts of Kindness Day

On February 17 do something kind for someone and make their day!

### Emergency Preparedness - *Defend in Place*

When you hear the fire alarm and cannot exit, you must protect yourself from smoke. Stay within your suite, or move to a safe area within the building. Call 911 to report your location.

Stay in place until you are rescued or until you are told to leave by the fire department.

## Reminders

The **Foot Doctor** will be here **February 7th at 8:30am**. Don't forget to sign up for your appointment or see Kate if you have questions.

**\*Dr. Williams fee is now \$20 per visit\***

### Resident Meeting

Don't miss our quarterly resident meeting, on February 27th at 2:00pm.

### Leap Day Party with Rainey Day Music

Come spend February's bonus day with some live entertainment! Starts at 2:00pm on the 2nd floor.

February 28 is **Pink Shirt Day!** Wear pink to raise awareness and funds for anti-bullying.



### GAF Logo Apparel

If you would like to order GAF logo shirts or hoodies, talk to your manager for pricing, sizes, and available colours.



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