



### Special Events

**March 4**

Foot & Ankle Clinic

**March 6**

Lunch Outing: Legends at 11:15 a.m.

**March 7**

Resident Council Meeting at 2:00 p.m.

**March 8**

International Women's Day

**March 9**

Puppy Visits at 2:00 p.m.

**March 14**

The Good Timers Entertainment at 2:00 p.m.

**March 17**

St. Patrick's Day

**March 27**

Baby Chick Visits at 2:00 p.m.

**March 28**

Reg Elliot at 2:00 p.m.

**March 29**

Good Friday

**March 31**

Easter Sunday

### Message from Your Manager

Spring is in the Air.

It is great to see the days getting longer and warmer. We celebrate Easter at the end of this month, so on behalf of myself and my team I would like to wish everyone a very "Happy Easter". Make sure to come out and celebrate St. Patrick's Day with us.

*Wishing you a rainbow  
for sunlight after showers,  
Miles and miles of Irish smiles  
for golden happy hours,  
Shamrocks at your doorway  
for luck and laughter too,  
and a host of friends that never ends  
each day your whole life through!*



Have a great month.

*Yumara Coteron*

### Welcome New Residents!

George O.

Wilma. V

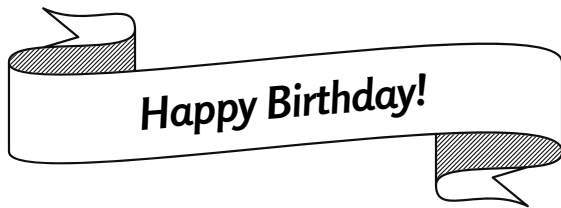
Ralph L.

Mary. K

### Residency and Service Agreement - Alterations

Prior to making any modifications to the suite such as the addition of shelves, the resident must have the prior approval of the Manager and must follow the Foundation's policy regarding guidelines for installation. Installation must be completed by appropriate, qualified personnel as approved by Management.

No additional electrical wiring, light fixtures, ceiling fans, air conditioning units, or heating units shall be permitted anywhere in the suite without the prior written consent of the Foundation. Changes may apply if the approved installation requires the assistance of Foundation maintenance personnel.



Bob S.	March 1
Marion Z.	March 3
Abe R.	March 11
Michael B.	March 12
Mary L.	March 12
Elfreda W.	March 12

Our birthday party will be on March 28th at 2:00 p.m. with Reg Elliot Entertaining.



### GAF Logo Apparel

If you would like to order GAF logo shirts or hoodies, talk to your manager for pricing, sizes, and available colours



### Daylight Saving Time

March 10



On March 9, spring ahead one hour before bed.

### Patsy's Hair Salon

Thursday 9:00 a.m - 3:00 p.m

Friday 9:00 a.m - 12:00 p.m

Call (403) 382-1577 to book in



Thank you for voting Green Acres Foundation **Best of the Best** in Seniors Housing for the **sixth** year in a row!

### Emergency Preparedness - Fraud Prevention

March is Fraud Prevention month. Take precautions to protect yourself. Unless you have initiated contact to a business, never give out your credit card number over the phone. Don't give your pin numbers or passwords to anyone.

Some of the common scams being used are:

- A caller advises you that you have won a lottery or sweepstakes but you need to pay for the handling fees and you can do so by providing your credit card number.
- A caller says they are your grandson or granddaughter and have been in an accident and need money.
- Revenue Canada threatens to call the police if you don't give them your credit card number to pay the amount you owe.

Scammers are smooth and cunning. They ask you leading questions to get information from you, then use that information to get even more personal information. If you receive a call that you are uncomfortable with, hang up and let your family, lodge Manager, or police know.



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