





# September 2019 - Pemmican Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Catholic Communion</p>	<p>2</p> <p> <b>LABOUR DAY</b></p>	<p>3</p> <p>9:00 Fun &amp; Fit 2:00 Bears Craft 7:00 Crib</p>	<p>4</p> <p>9:00 Exercise <b>1:30 Shopping at Walmart (south)</b> 7:00 Bethesda</p>	<p>5</p> <p>7:30 Pancake Breakfast 9:00 Chair Yoga 1:30 Card Bingo 7:00 Wii Games</p>	<p>6</p> <p>9:00 Fun &amp; Fit 11:30 50/50 Draw 2:00 Bears Craft 7:00 Movie &amp; Popcorn</p>	<p>7</p> <p><b>2:30 Kids from El Salvador (music &amp; drama)</b></p>
<p>8</p> <p>9:30 Catholic Communion</p>	<p>9</p> <p>NO Fun &amp; Fit 2:00 Shuffleboard</p>	<p>10</p> <p><b>10:00 Picnic lunch in Waterton</b> 11:30 Pizza Buffet lunch</p>	<p>11</p> <p>9:00 Exercise 11:30 Build your Own Sandwich Bar 7:00 Crib</p>	<p>12</p> <p>9:00 Chair Yoga 2:00 Birthday party w/ Richard Wadham 7:00 Wii Games</p>	<p>13</p> <p>1:30 Grandparents' Day Good Neighbour Bingo <b>6:30 Fashion Show Fittings</b> 7:00 Movie &amp; Popcorn</p>	<p>14</p> <p><b>12:30 The Buddy Holly Story at the Yates</b> 6:30 Modern Hymns with Walter &amp; Delilah Strand</p>
<p>15</p> <p>9:30 Catholic Communion 6:30 Salvation Army</p>	<p>16</p> <p><b>10:30 Heritage Acres Museum in Pincher Creek</b></p>	<p>17</p> <p>2:00 Bears Craft 7:00 Happy Hour with Tom Price</p>	<p>18</p> <p>9:00 Silver Fox Walk 10:00 After Party 1:30 Good Neighbour Bingo 7:00 Crib</p>	<p>19</p> <p>9:00 Chair Yoga 2:00 Fall Fashion Show with Charlie on piano 7:00 Wii Games</p>	<p>20</p> <p>9:00 Fun &amp; Fit 2:00 Arts, Crafts, and Hobbies Show &amp; Tell 7:00 Movie &amp; Popcorn</p>	<p>21</p> <p>6:30 Resident Get-together</p>
<p>22</p> <p>9:30 Catholic Communion</p>	<p>23</p> <p><b>Fall Begins</b> 9:00 Fun &amp; Fit 2:00 Poker Pool</p>	<p>24</p> <p>2:00 Colour Therapy 7:00 Horse Races &amp; Happy Hour</p>	<p>25</p> <p>9:00 Exercise 10:00 United Church Service 1:30 Card Bingo 7:00 Crib</p>	<p>26</p> <p>9:00 Chair Yoga <b>11:00 Casino lunch &amp; shopping at Dollarama or HomeSense</b> 7:00 Wii Games</p>	<p>27</p> <p>9:00 Personal Touch Fashions 9:00 Fun &amp; Fit 2:00 Bears Craft 7:00 Movie &amp; Popcorn</p>	<p>28</p> <p>7:00 Cards &amp; Games</p>
<p>29</p> <p>9:30 Catholic Communion</p>	<p>30</p> <p>9:00 Fun &amp; Fit 11:30 Oktoberfest lunch 2:00 Polka Music with Doug &amp; Friends</p>	<p>September Flower - Morning Glory / Aster  </p> <p>September Birthstone - Sapphire </p> 