
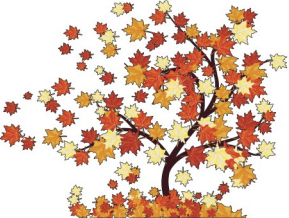


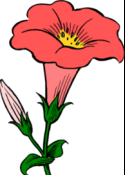


September 2019 - Sunny South Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>3:30 Coaldale Mennonite Brethren Church Communion</p> <p><i>Happy Birthday Martha N.</i></p>	<p>2</p> <p> LABOUR DAY</p>	<p>3</p> <p>9:30 Walk the Block 10:30 Brain Games 2:00 Apple Salad 7:00 Alma Siemens</p>	<p>4</p> <p>10:00 Exercises 1:00 – 4:00 Hairdresser 2:00 Humming Birds 7:00 Bethesda Mennonites</p>	<p>5</p> <p>9:00 – 4:00 Hairdresser 9:30 Walk the Block 2:00 Trivia</p>	<p>6</p> <p>9:00 – 3:00 Hairdresser 10:00 Exercise 2:00 Los Gringos Music 6:00 Movie</p>	<p>7</p> <p>6:00 Movie</p>
<p>8</p> <p>6:30 Canadian Reformed Church</p>	<p>9</p> <p>10:00 Exercise 2:00 Busy Bee Bucks</p>	<p>10</p> <p>9:30 Walk the Block 10:30 Brain Games 2:00 Resident & Family Council meeting</p> <p><i>Happy Birthday Rose B.</i></p>	<p>11</p> <p>10:00 Exercise 1:00 – 4:00 Hairdresser 2:00 Terry Fox Fundraiser 7:00 Hymn Sing</p>	<p>12</p> <p>9:00 – 4:00 Hairdresser 9:30 Walk the Block 10:30 Men's group 2:00 Bocceball 7:00 Echoes of Hope</p> <p><i>Happy Birthday Audrey O.</i></p>	<p>13</p> <p>9:00 – 3:00 Hairdresser 10:00 Exercise 2:00 Bingo 6:00 Terry Fox Movie</p>	<p>14</p> <p>6:00 Movie</p>
<p>15</p> <p>7:00 Western Plains Mennonites</p>	<p>16</p> <p>10:00 Exercise 2:00 Learn to Paint: Sunflowers 3:00 Health Corner with Amber</p>	<p>17</p> <p>9:20 Between Friends 10:30 Brain Games 2:00 Linda's Music & Memories 7:00 Betty Boschman</p>	<p>18</p> <p>10:00 Exercise 1:00 – 4:00 Hairdresser 1:00 Koster's Bakery 2:00 Sit 'n Knit</p>	<p>19</p> <p>9:00 – 4:00 Hairdresser 2:00 Trivia 7:00 Bob & Dennis</p> <p><i>Happy Birthday Alfred R.</i></p>	<p>20</p> <p>9:00 – 3:00 Hairdresser 10:00 Exercise 2:00 Bowling 6:00 Movie</p>	<p>21</p> <p>6:00 Movie</p>
<p>22</p> <p>2:00 Coaldale United Church</p>	<p>Fall Equinox 23</p> <p>10:00 Exercise 2:00 Elephant Appreciation Day 7:00 Mary & Cliff Caldwell</p>	<p>24</p> <p>9:20 Between Friends 10:30 Brain Games 2:00 Hand Waxing 7:00 Celtic Routs Birthday Party</p>	<p>25</p> <p>10:00 Exercise 1:00 – 4:00 Hairdresser 2:00 Ice cream cones 7:00 Gospel Messengers</p>	<p>26</p> <p>9:00 – 4:00 Hairdresser 10:00 Men's group 2:00 Fall Door Hanger</p> <p><i>Happy Birthday Ted W. & Bertha F.</i></p>	<p>27</p> <p>9:00 – 3:00 Hairdresser 10:00 Exercise 2:00 Bingo 6:00 Movie</p>	<p>28</p> <p>6:00 Movie</p>
<p>29</p> <p>2:30 Anglican Church Service 7:00 Hymn Sing Along</p>	<p>30</p> <p>10:00 Exercise 11:00 Five Guys Burgers & Walmart 7:00 Japanese Dancers</p> <p><i>Happy Birthday Mary R. & Anna K.</i></p>	<p style="text-align: center;">September Flower - Morning Glory / Aster</p> <p style="text-align: center;">September Birthstone - Sapphire</p> <div style="display: flex; justify-content: space-around; align-items: center;">     </div>				