



August 2019 - Pemmican Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>August Flower: Gladiolas or Poppy</p> <p>August Birthstone: Peridot or Sardonyx</p>				<p>9:00 Chair Yoga 11:30 50/50 Draw 2:00 Bears craft</p>	<p>2:00 Colour Therapy 6:15 Cardston Carriage House Theatre: <i>Mama Mia</i> 7:00 Movie & Popcorn</p>	<p>7:00 Cards & games</p>
<p>9:30 Catholic Communion</p>	<p>Heritage Day</p>	<p>9:00 Fun & Fit 2:00 Bears craft 7:00 Crib</p>	<p>1:30 Card Bingo 7:00 <i>Divine</i> at the Yates Theatre</p>	<p>9:00 Chair Yoga 10:30 GAF Resident BBQ 2:00 Bears craft</p>	<p>9:00 Fun & Fit 1:30 Shopping at Walmart (north) 7:00 Movie & Popcorn</p>	<p>6:30 Modern Hymns with Walter & Delilah Strand</p>
<p>9:30 Catholic Communion</p>	<p>2:00 Watching Nature's Masterpieces <i>Kilimanjaro the White Mountain</i></p>	<p>2:00 Shuffleboard</p>	<p>11:30 Build Your Own Taco Bar 7:00 Crib</p>	<p>2:00 Birthday party with Jill Timleck</p>	<p>2:00 Bridge 7:00 Movie & Popcorn</p>	<p>7:00 Cards & games</p>
<p>9:30 Catholic Communion</p>	<p>9:00 Fun & Fit 11:00 Mystery Trip</p>	<p>9:30 Whoop-Up Days Parade 2:00 Making homemade ice cream</p>	<p>7:30 Pancake Breakfast 8:30 Foot Doctor 9:00 Exercise 1:30 Cowboy Card Bingo 7:00 Crib</p>	<p>9:00 Chair Yoga 9:45 Shopping at Dollar Tree/Cobs 2:00 Western craft (beaded scarves)</p>	<p>9:00 Fun & Fit 2:00 Western Shindig with Tom & Roy 7:00 Movie & Popcorn</p>	<p>7:00 Cards & games</p>
<p>9:30 Catholic Communion</p>	<p>9:00 Fun & Fit 1:30 Tour of Coyote Flats Pioneer Museum in Picture Butte</p>	<p>1:45 Crib tournament at Black Rock 7:00 Horse Races & Happy Hour</p>	<p>9:00 Medalta Clay Factory 7:00 Crib</p>	<p>9:00 Chair Yoga 1:30 Good Neighbour Bingo</p>	<p>9:00 Fun & Fit 2:00 Happy Hour with Fay Stevens 7:00 Movie & Popcorn</p>	<p>7:00 Cards & games</p>