
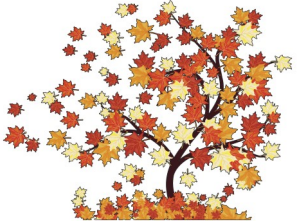




# September 2019 - Golden Acres

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 2:00 LDS Service (B)	2  <b>LABOUR DAY</b>	3 10:00 Manicures <b>2:00 Karen's Karaoke (B)</b>	4 9:30 Noodle Exercises 10:30 Rebus Puzzles 2:00 Terry Fox Walk 3:30 Fruit Smoothies 6:30 Sing Along w/Bruce	5 9:30 Bread Making 10:30 Left Right Center <b>2:00 Johnny and Faye</b>	6 10:30 Exercises 2:00 Bingo (B)	7 9:00 Coffee & Trivia 10:30 Card Bingo (B) 1:30 Craft (B) 3:30 Cribbage	
8 2:00 LDS Service (B) 6:15 Grace Community Church Service (B)	9 9:30 Exercise 10:30 Adult Coloring 11:30 Tuck Shop 2:00 Beer Tasting	10 9:00 One to Ones 10:00 Catholic Mass 11:30 Toonie Tuesday <b>2:00 Yvonne Nelson</b>	11 <b>10:00 Stirling Wagon Ride and lunch</b> 6:30 Sing Along with Bruce	12 10:00 Foot Doctor <b>2:00 Happy Hour with Fay Stevens (B)</b>	13 10:30 Exercises 2:00 Bingo <b>6:30 JR &amp; Diamond (B)</b>	14 7:00 Cribbage	
15 2:00 LDS Service (B)	16 9:30 Boxing Exercises 10:30 Leisters Walker Clinic 11:30 Tuck Shop <b>2:00 Birthday party w/ Alice Tinordi</b>	17 10:00 Manicures 10:00 CNIB Presentation (B) 10:30 Uno 2:00 Minute to Win It (B)	18 2:00 Fall Craft (B) 6:30 Sing Along with Bruce	19 9:30 Pharmacy Presentation 10:30 Model Making <b>2:00 Los Gringos (B)</b> <b>6:15 Salvation Army (B)</b>	20 10:30 Exercises <b>2:00 Golden Mile Singers (B)</b>	21 9:45 Creations in Clay (B) 1:45 Ted Talks on Happiness & Aging (G) 7:00 Cribbage	
22 2:00 LDS Service (B) 6:15 Grace Community Church Service (B)	23 <b>9:30 Walmart Outing</b> 2:00 Jeopardy 3:00 Fruit Smoothies	24 9:00 One to Ones 10:00 Communion 11:30 Toonie Tuesday <b>2:00 Don and Vicki</b>	25 9:30 Noodle Exercises 10:30 Resident Meeting 2:00 Mini Massages 6:30 Sing Along with Bruce	26 <b>5:00 Oktoberfest with music by The Good Timers (B)</b>	27 10:30 Bean Bag Toss 2:00 Bingo (B)	28 7:00 Cribbage	
29 2:00 LDS Service (B)	30 8:00 to 11:00 College Nursing Students 11:30 Tuck Shop 2:00 Gratitude Tree	  					September Flower - Morning Glory / Aster September Birthstone - Sapphire 