

# June 2021 - Heritage Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Intergenerational Day 1</b> 9:00 Manicures 11:00 Canteen 11:30 Toonie Tuesday 2:00 Horse Racing	2 9:15 Yoga 10:00 Lawrie on Piano 2:00 Card Bingo	3 8:00 Dr. Williams 9:00 Hairdresser 2:00 Hand Waxing	<b>National Donut Day 4</b> 9:15 Exercises 10:00 Doughnuts 11:00 Canteen 1:30 Shuffleboard Bowling	5
<b>Seniors' Week 6</b>	7 9:15 Exercises 10:00 Musical Balls 2:00 Mystery Bingo	8 10:00 Walk the Block 11:00 Canteen 11:30 BBQ 2:00 Horse Racing	9 9:15 Yoga 10:00 Drums w/DeeDee <b>1:00 Mystery Bus</b> (walking involved)	10 9:00 Hairdresser 10:00 Walk the Block 1:30 Floats on the Patio	11 9:15 Exercises 11:00 Canteen 1:30 Bean Bags on the Patio	12
13	14 9:15 Exercises 10:00 Lawrie on Piano 2:00 Bingo	<b>Elder Abuse Awareness Day 15</b> <b>Wear Purple!</b> 9:00 Manicures 11:00 Canteen 11:30 Toonie Tuesday 2:00 Card Bingo	16 <b>9:00 Bus Trip:</b> <b>North Walmart</b> <b>1:00 North Walmart</b>	17 9:00 Hairdresser 10:00 Walk the Block 1:30 Flip Flop Craft	18 9:15 Exercises 11:00 Canteen 1:30 Shuffleboard Bowling 5:00 Birthday Cake	19
<b>Father's Day 20</b> 11:30 Father's Day BBQ <i>First Day            of Summer</i>	21 9:15 Exercises 10:00 Drums w/DeeDee 2:00 Bingo	<b>Blue Butterfly Day 22</b> 9:30 Butterfly Craft 11:00 Canteen 2:00 Horse Racing	23 9:15 Yoga 10:00 Musical Balls 2:00 Card Bingo	24 9:00 Hairdresser 10:00 Walk the Block <b>1:00 Mystery Bus</b> (walking involved)	25 9:15 Exercises 11:00 Canteen 1:30 Ladder Ball	26
27	28 <b>10:30 Bus Trip:</b> <b>Picnic at            Henderson</b>	29 10:00 Walk the Block 11:00 Canteen 2:00 Horse Racing	30 9:15 Yoga 10:00 Lawrie on Piano 2:00 Card Bingo	<b>Happy Father's Day</b> 		