

July 2021 - Heritage Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Canada Day 1 11:30 Canada Day BBQ 	2 10:00 Walk the Block 1:30 Shuffle board Bowling w/ Judy	3
4	5 9:15 Exercises 10:00 Rummy 2:00 Bingo	6 9:00 Manicures 11:00 Canteen 11:45 Toonie Tuesday 2:00 Horse Racing	Strawberry Sundae Day 7 9:15 Yoga 10:00 Walk to the Farmers' Market 2:00 Strawberry Sundaes	8 9:00 Hairdresser 9:30 Walk the Block 10:00 Horseshoes 2:00 Entertainment on the patio with Bob	9 9:00 Bus Trip: North Walmart 11:00 Canteen 1:00 North Walmart	10
11	Pecan Pie Day 12 9:15 Exercises 10:00 Piano w/ Lawrie 2:00 Bingo	13 10:00 Walk the Block 11:00 Canteen 2:00 LRC Dice Game	14 10:00 Bus Trip: Mystery bus (walking involved)	15 9:00 Hairdresser 9:30 Craft 2:00 Resident Meeting	Frankfurter Day 16 9:15 Exercises 11:00 Canteen 1:30 Hand waxing 5:00 Birthday Cake	17
18	19 9:15 Exercises 10:00 Colorado Wild Flowers 2:00 Bingo	20 9:00 Manicures 11:00 Canteen 11:45 Toonie Tuesday 2:00 Horse Racing	Robin Williams Day 21 10:30 Bus Trip: Picnic at Taber 7:00 Movie: Mrs. Doubtfire (starring Robin Williams)	22 9:00 Hairdresser 9:30 Walk the Block 10:00 Horseshoes 2:00 Entertainment on the patio with Tom & Roy	23 9:00 Walk the Block 10:00 Rummy w/ Judy 1:30 Bean bags w/ Judy	24
25 Lesley off →	26 9:00 Walk the Block 10:00 LRC Dice Game w/ Judy 2:00 Bingo w/ Judy	27 10:00 Walk the Block 2:00 Piano w/ Lawrie	28 10:00 Walk to the Farmers' Market 2:00 Card Bingo w/ Judy	29 8:00 Dr. Williams 9:00 Hairdresser 10:00 Walk the Block	30 10:00 Walk the Block 11:00 Canteen w/ Judy 2:00 Horse Racing w/ Judy	31