


July 2021 - Pemmican Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">CONGRATULATIONS!! In lieu of Spring Fling, the following staff members won the Staff Appreciation Raffle Draw: Fatima G. Shyla U.</p>				<p align="center">Canada Day 1</p> 9:00 Yoga 11:30 Canada Day BBQ lunch & 50/50 Draw 2:00 Canadian Pictionary 7:00 Movie & Snacks	<p align="center">2</p> 7:00 Movie & Snacks	<p align="center">3</p> 7:00 Movie & Snacks
<p align="center">4</p> 7:00 Movie & Snacks	<p align="center">5</p> 9:00 Fun & Fit 2:00 Step by Step Painting (<i>Under the Sea</i>) 7:00 Movie & Snacks	<p align="center">6</p> 9:00 Tai Chi 10:00 Leister's Walker Repair Clinic (2nd floor) 2:00 Acrylic Painting	<p align="center">7</p> 9:00 Exercise 2:00 Good Neighbour Bingo 7:00 Crib	<p align="center">8</p> 9:00 Yoga 10:30 Head Smashed in Buffalo Jump (Cost 16.00) 7:00 Movie & Snacks	<p align="center">9</p> 9:00 Full Seated Workout 2:00 Tom Price & Happy Hour 7:00 Movie & Snacks	<p align="center">10</p> 7:00 Movie & Snacks
<p align="center">11</p> 7:00 Movie & Snacks	<p align="center">12</p> 9:00 Fun & Fit 2:00 Shopping at Walmart (north) (Cost \$3.00) 7:00 Movie & Snacks	<p align="center">13</p> 9:00 Tai Chi 2:00 Faye Stevens & Happy Hour	<p align="center">14</p> 9:00 Exercise 10:00 Beltone Hearing 2:00 Card Bingo 7:00 Crib	<p align="center">15</p> 9:00 Yoga 2:00 Horse Races & Happy Hour 7:00 Movie & Snacks	<p align="center">16</p> 9:00 Full Seated Workout 2:00 Outdoor Music with JR & Diamond 7:00 Movie & Snacks	<p align="center">17</p> 7:00 Movie & Snacks
<p align="center">18</p> 7:00 Movie & Snacks	<p align="center">19</p> 9:00 Fun & Fit 2:00 Learning how to draw a Beach Scene 7:00 Movie & Snacks	<p align="center">20</p> 9:00 Tai Chi 2:00 July Birthday Party with Karen's Karaoke	<p align="center">21</p> 9:00 Exercise 2:00 Good Neighbour Bingo 7:00 Crib	<p align="center">22</p> 10:00 Picnic lunch in Waterton National Park (Cost \$12.00) 7:00 Movie & Snacks	<p align="center">23</p> 9:00 Full Seated Workout 2:00 Summer Raffle Party 7:00 Movie & Snacks	<p align="center">24</p> 7:00 Movie & Snacks
<p align="center">25</p> 7:00 Movie & Snacks	<p align="center">26</p> Pemmican Summer Olympics Begin 10:00 Target Mini Golf 2:00 Making Sail Boats 7:00 Movie & Snacks	<p align="center">27</p> 10:00 Olympic Sailing 2:00 Olympic Sailing <u>Finals</u>	<p align="center">28</p> 9:00 Personal Touch Fashions 10:00 Olympic Stacking Competition 2:00 Javelin Toss 7:00 Crib	<p align="center">29</p> 10:00 Olympic Bean Bag Toss 2:00 Olympic Bean Bag Toss <u>Finals</u> 7:00 Movie & Snacks	<p align="center">30</p> 9:00 Full Seated Workout 2:00 Closing Ceremonies, Medal Awarding, Ice Cream Parlour & Outdoor Music with Doug & Friends 7:00 Movie & Snacks	<p align="center">31</p> 10:00 Clothes Mending with Rhonda 7:00 Movie & Snacks