

## August 2021

### From your Manager,

I was given a quote last month by a resident who thought it reminded them of what happens at a lodge and I promised that I would put it in our newsletter.

*"We could all learn a lot from crayons. Some are sharp, some are pretty, some are dull, some have weird names, and all are different colours... but they all have to learn to live in the same box."*

- Andy Rooney

Happy August everyone,

*Yumara Coteron*

### Special Events

The Olympics are here at Alberta Rose. Wednesday, August 4 is our game day. Come out in the morning to compete in lawn bowling, bean bags, and an egg race. The staff and volunteers will have a relay race in the afternoon. Awards will follow and the last thing we'll do is paint the boss (Clinton) in all the glorious Olympic colours. Oh what fun!!!

Murray will continue with his Thailand Photo series on August 11 at 2:30 p.m. Come out and see all of the colourful cultural costumes.

### Welcome our New Resident:

Fred K.

### Residency & Service Agreement

#### 15.1 Right of Entry:

To ensure the safety and comfort of the Resident, Foundation staff must be permitted to enter the Resident's Suite to perform basic housekeeping services, respond to emergencies, make repairs and improvements, and/or perform other management functions as the Foundation deems necessary or advisable.



## HOROSCOPE TRIVIA



Those born in August are brought into this world under one of two star signs. If you were born before August 22, you're considered to be a Leo. If you're born on the 23rd or later, you're a Virgo. Leos are said to be very proud people who display great leadership. Virgos, on the other hand, are analytical and hardworking people, while still being kind and loyal.

## Reminders

### Happy Birthday!

- Judy A. August 3
- Jean R. August 10
- Della T. August 12
- Murray R. August 20

**Our birthday party will be on Tuesday, August 24 at 2:00 p.m. with Fay Stevens entertaining.**

### BUS TRIPS

- August 9 Walmart
- August 12 Walk at Henderson
- August 19 Country drive & lunch at Broxburn and then the Dollar Store.



## OLYMPIC FUN FACTS

- ⇒ **How Short:** The first Olympics had only one event - the stade or short sprint.
- ⇒ **No Girls Allowed:** While there were trained women athletes in Ancient Greece, only men could participate in the Olympics.
- ⇒ **Before Track Suits:** Young men from all over Greece took part in the games, but they had one thing in common: they competed naked!
- ⇒ **Rough Stuff:** One ancient event, a combination of boxing and wrestling called the pankration, allowed the winners of the ancient Olympics to receive wreaths woven from the branches of an olive tree.



## Emergency Preparedness - Severe Weather

Severe weather is extreme weather that may be dangerous to your health and well-being, and may cause damage to property. Severe weather may include but is not limited to, extreme heat or cold, high winds, thunder storms, heavy rain, hail, or snow.

Environment Canada issues weather watches and warnings when the area is affected. Management is made aware of watches and warnings issued by Environment Canada and when necessary will inform the residents of any precautionary measures to be taken.