





September 2021 - Alberta Rose Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Green Acres Foundation was the grateful recipient of grant funds through the New Horizons for Seniors Program – Western Canada and Territories Region. The grant allowed us to purchase Apple TV boxes, dedicated iPads with protective covers, and required security licenses to better utilize our smart TVs. Installation of the equipment was completed in late July and the equipment will be used to access online services and concerts and interactive programs for our senior residents!</p> <p>Funded by the Government of Canada's New Horizons for Seniors Program</p> 			<p>1</p> <p>9:30 Bocce Ball Tournament & lunch at Garden View</p> <p>2:00 Ice Cream Parlour & Games</p>	<p>2</p> <p>1:30 2-Bit Horse Races 3:30 Popcorn 6:30 Country Tunes by JR & Diamond</p>	<p>3</p> <p>9:30 Tuck Shop 11:00 Exercises 12:00 Steak & Burger BBQ 2:00 Dress Western Happy Hour</p>	<p>4</p>
<p>5</p>	<p>Labour Day 6</p> 	<p>7</p> <p>1:30 Silver Fox Craft 6:15 Gentle Chair Yoga</p>	<p>8</p> <p>8:30 Silent Auction Set-up 11:30 Walk to Smitty's for lunch 2:00 Lawrie on Piano</p>	<p>9</p> <p>9:30 Tile Rummy 11:00 Exercises 2:00 Thailand Photo Series - Flower Festival</p>	<p>10</p> <p>9:30 Tuck Shop 11:30 Toonies for Terry/Silver Fox 2:00 Walk a Km. 3:00 Soak the Boss</p>	<p>11</p>
<p>Grandparents' Day 12</p> 	<p>13</p> <p>9:30 Scrabble 11:00 Exercises 1:00 Walmart</p>	<p>14</p> <p>1:30 Get Crafty 6:15 Cribbage</p>	<p>15</p> <p>9:30 Stitch & Chat 11:00 Exercises 2:00 Ice Cream Bars & Marshmallows around the fire</p>	<p>16</p> <p>9:30 Cash & Prizes Bingo 2:00 Line Dancers</p>	<p>17</p> <p>9:30 Tuck Shop 11:00 Patio Time 2:00 Birthday Party with music 3:30 Popcorn</p>	<p>18</p>
<p>Terry Fox Run 19</p>	<p>Silent Auction ends at Noon 20</p> <p>9:30 Skip-Bo 11:00 Exercises Silent Auction Wind-up 3:15 Audio Book</p>	<p>International Day of Peace 21</p> <p>11:30 Toonie Tuesday 2:00 Manicures & Hand Waxing 6:15 Sit & Be Fit</p>	<p>First Day of Autumn 22</p> <p>9:30 Stitch & Chat 11:00 Sit & Dance 2:00 Smoothie Parlour</p>	<p>23</p> <p>9:30 Tile Rummy 10:30 Foot Doctor 1:30 Japanese Gardens</p>	<p>24</p> <p>9:30 Tuck Shop 11:00 Patio Walking 2:00 Bingo 3:30 Popcorn</p>	<p>25</p>
<p>26</p>	<p>27</p> <p>9:30 Tile Rummy 11:00 Exercises 2:00 Chase the Ace 3:15 Audio Book</p>	<p>28</p> <p>9:30 Lunch in Waterton 2:00 Cribbage</p>	<p>29</p> <p>9:30 Stitch & Chat 11:00 Exercises 1:00 Lethbridge to College Mini 3:00 Massages</p>	<p>Orange Shirt Day 30</p> <p>9:30 Farkle 11:00 Exercises 2:00 Indigenous Craft</p>	<p>Sign up for a FREE mini massage! Lethbridge College massage students will be coming to the lodge on:</p>  <p>September 29 from 1:00 to 3:00 p.m.</p>	