



September 2021 - Pemmican Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Green Acres Foundation was the grateful recipient of grant funds through the New Horizons for Seniors Program – Western Canada and Territories Region. The grant allowed us to purchase Apple TV boxes, dedicated iPads with protective covers, and required security licenses to better utilize our smart TVs. Installation of the equipment was completed in late July and the equipment will be used to access online services and concerts and interactive programs for our senior residents!</p> <p>Funded by the Government of Canada's New Horizons for Seniors Program</p> 			1	2	3	4	
			9:00 Exercise 2:00 Card Bingo 7:00 Crib	9:00 Yoga 11:30 50/50 Draw 2:00 Fall Tree <i>Painting with a Q-tip</i> 7:00 Movie & Snacks	7:30 Pancake Breakfast 9:00 Full Seated Workout 2:00 Nikka Yuko Japanese Garden 7:00 Movie & Snacks	7:00 Movie & Snacks	
5	Labour Day 6  7:00 Movie & Snacks	7	8	9	10	11	
		2:00 Watching Wildlife Diary (Episode 1) 7:00 JR & Diamond entertaining	9:00 Exercise 10:00 Beltone Hearing 2:00 Shopping at Walmart (north) (Cost is \$3 plus spending) 7:00 Crib	9:00 Yoga 2:00 Good Neighbour Bingo 7:00 Movie & Snacks	9:00 Full Seated Workout 2:00 Coulee Players Performance (craft room) 7:00 Movie & Snacks	9:00 Breakfast at Bully's & Horse Races (\$3 plus spending) 2:00 El Salvador Kids Movie 7:00 & Snacks	
Grandparents' Day 12		13	14	15	16	17	18
2:00 Grandparents' Day Hawaiian Boat Cruise with Tom & Roy 7:00 Movie & Snacks	2:00 Sing along with Anne 7:00 Movie & Snacks	9:00 Tai Chi 2:00 Learning How to Draw a Fall Wreath	9:00 Exercise 10:00 United Church 2:00 Card Bingo 7:00 Crib	9:00 Yoga 2:00 Birthday Party with Faye Stevens 7:00 Movie & Snacks	9:00 Full Seated Workout 10:00 Silver Fox Walk 2:00 Pictionary 7:00 Movie & Snacks	7:00 Movie & Snacks	
Terry Fox Run 19	20	International Day of Peace 21	First Day of Autumn 22	23	24	25	
7:00 Salvation Army	9:00 Fun & Fit 11:30 Lunch at Broxburn Café (Cost \$3 plus lunch money) 7:00 Movie & Snacks	9:00 Tai Chi 2:00 Good Neighbour Bingo	9:00 Exercise 2:00 Autumn Tea with Randy Epp 7:00 Crib	9:00 Yoga 10:00 Lethbridge College Mini Massages 2:00 Horse Races & Happy Hour 7:00 Movie & Snacks	9:00 Full Seated Workout 2:00 Pemmican Crib Tournament (Cost to play \$1) 7:00 Movie & Snacks	7:00 Movie & Snacks	
26	27	28	29	Orange Shirt Day 30			
7:00 Movie & Snacks	4:00 Murder Mystery dinner 7:00 Movie & Snacks	9:00 Tai Chi 11:30 Oktoberfest Dinner 2:00 Making Homemade Butter	9:00 Exercise 2:00 Card Bingo 7:00 Crib	9:00 Yoga 2:00 Shopping at Dollarama/Bulk Barn (west) (Cost \$3) 7:00 Movie & Snacks			