



July 2022 - Pemmican Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Canada Day 1 9:00 Full Seated Workout 11:30 BBQ Lunch & 50/50 Draw 2:00 Outdoor Canada Day Party with Tom & Friends	2 2:00 Movie & Snacks <i>Bridesmaids</i>
3 2:00 Movie & Snacks <i>Residents Choice</i>	4 2:00 Sing-Along with Anne 7:00 Movie & Snacks <i>Love you to Death</i>	5 9:00 Tai Chi 2:00 Shopping at Walmart (south)	6 9:00 Exercise 2:00 Card Bingo 7:00 Crib	7 9:00 Yoga 2:00 Arm Chair Travel to Egypt	8 9:00 Full Seated Workout 2:00 Disney Pictionary 7:00 Movie & Snacks <i>Tammy</i>	9 2:00 Movie & Snacks <i>The Age of Adeline</i>
10 2:00 Movie & Snacks <i>Dumplin</i>	11 4:00 Supper at Dairy Queen & Cardston Carriage House Theatre Joseph and the Technicolor Dream Coat	12 9:00 Tai Chi 2:00 Learning how to Draw a Tiki Hut	13 9:00 Exercise 2:00 Bingo 7:00 Crib	14 9:00 Yoga 2:00 Birthday Party with Rainey Day Music	15 10:00 Picnic lunch in Waterton National Park 7:00 Movie & Snacks <i>Residents Choice</i>	16 2:00 Movie & Snacks <i>Maudie</i>
17 2:00 Movie & Snacks <i>Do Little</i>	18 7:30 Pancake Breakfast 2:00 Step by Step Painting <i>Summer Birdhouse</i> 7:00 Movie & Snacks <i>Away from Hers</i>	19 9:00 Tai Chi 10:30 Step by Step Painting 2:00 Marble Slab and Shopping at Home Hardware	20 8:30 Foot Doctor 2:00 Card Bingo 7:00 Crib	21 9:00 Yoga 10:00 Tour of the Bar U Ranch & Lunch at the Ranch Cafe 7:00 Movie & Snacks <i>The Adam Project</i>	22 9:00 Full Seated Workout 2:00 Crib Tournament with Black Rock at Pemmican 7:00 Jazz music with Randy & Don	23 10:00 Black Rock Outdoor Car Show 2:00 Movie & Snacks <i>I'll see you in my Dreams</i>
24 2:00 Movie & Snacks <i>Brooklyn</i>	25 9:00 Fun & Fit 11:00 Murder Mystery Dinner <i>The Lethal Luau</i>	26 9:00 Tai Chi 2:00 Good Neighbor Bingo Campfire Songs with 7:00 Tom (Outside)	27 9:00 Exercise 2:00 Shopping at Walmart (north) 7:00 Crib	28 9:00 Yoga 2:00 Horse Races & Happy Hour	29 9:00 Full Seated Workout 2:00 Outdoor games & Ice Cream 7:00 Movie & Snacks <i>North Country</i>	30 2:00 Movie & Snacks <i>Residents Choice</i>
31 2:00 Movie & Snacks <i>The Pianist</i>	 <p>July is named after Roman dictator Julius Caesar (100 B.C.–44 B.C.). Caesar developed the precursor to the Gregorian calendar we use today.</p> 