



Message from Your Manager

Special Events

Happy Canada Day!

Friday, July 1 Everyone is invited for a Canada Day BBQ lunch at 11:30a.m. in the dining room followed by an outdoor Canada Day Party at 2:00p.m. with Tom, Roy & Matt on the drums!



Monday July 25 Murder Mystery Dinner

Aloha and welcome to Hawaii. Join us for a Luau to die for. Dine at your own risk in the 2nd floor private dining room at 11:00. No charge. Sign-up required, space is limited.



Is the front entry done yet? We can't ask for your patience any longer, 10 months of aggravation is enough!

My message this month is a little smaller than usual. That's only because the space below this message is being taken up by the names of all our new residents that have moved in over the past month. Nobody wants to hear me rambling on anyways.

This is such a great thing to see, very exciting! Welcome to Pemmican everyone!

Roger

Welcome New Residents!

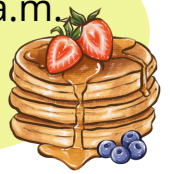
Arlene T.	June S.
Tom S.	Lillian S.
Mitsuko S.	Steven S.

Residency and Service Agreement *Damage or Loss of Resident Property*

The Foundation shall not be responsible for the loss of any personal property belonging to the Resident due to theft, fire, or any other cause, unless the loss or damage was caused by the negligence of the Foundation or its employees.

Reminders

Pancake Breakfast
Monday, July 18, at 7:30a.m.
On the 2nd floor



Foot Doctor
Wednesday, July 20 at 8:30 a.m.

Crib Tournament with
Black Rock at Pemmican
Friday, July 22 at 2:00 p.m.

50/50 Draw

Congratulations to Olga G. and Jean D. who each won \$28.50 at the Double winner 50/50 draw in June. The next draw will be on Friday, July 1 at 11:30 a.m. in the dining room.

GAF Logo Apparel - Now Available

If you would like to order GAF logo shirts or hoodies, talk to your manager for pricing, sizes, and available colors.

Happy Birthday!

Rie N. July 12
Sally S. July 27
Sara K. July 27

Our birthday party will be on Thursday, July 14 at 2:00 p.m. with Rainey Day Music Entertaining.



Progressive Bingo

Congratulations to our winners of the Progressive Bingo we had in late May and early June.

Paulette H. won \$15.00
Sara K. won \$10.75



Emergency Preparedness - Prevent Heat Stroke

- Wear loose-fitting and lightweight clothing
- Protect against sunburn: Sit in the shade, wear a hat and sunglasses and use sunscreen.
- Drink plenty of fluids
- Never leave anyone in a parked car
- Take it easy during the hottest parts of the day: avoid strenuous activity in the heat

If you think a person may be experiencing heat stroke seek help immediately and try to cool the person while waiting for help.



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